

# Why Pineapple on Pizza is a Forge from the Gods

By Alex Taft

Somewhere in the Canadian city of Chatham, Ontario, in the year 1962, the unthinkable happened; a man named Sam Panopoulos put pineapple on top of a pizza, and the earth was forever changed. Just as Jesus split bread, this god among men split opinions with a spiky fruit from Argentina. The “Hawaiian Pizza” has been a subject of mass controversy since its creation, rising great armies of people dedicated to consuming it, and those who puke in their mouths a little at the thought. I, Alex Taft, great great great nephew of president William Howard Taft, writer of the Tartan, proud participant of the Chocolate Milk Mile, proudly proclaim that I am an avid supporter of the pizza-pineapple contraption.

First off, it just tastes good. I think it just has to do a lot with how the pineapple mixes with the cheese. I cannot provide a clear reason for why this combination tastes so amazing. However, I CAN explain why pizza sauce and pineapple naturally go together. Think about it like this: many people eat snack bowls of a bunch of fruits together. Tomatoes, like pineapples, are considered to be a type of fruit; since pizza sauce is made up of tomatoes, the natural fruit with more fruit mix creates a good taste.

Pineapple on pizza is also healthy (for pizza standards). According to Healthline, a website which provides information relating to all things health: pineapples contain high nutrients, are rich in vitamin C and manganese, contain disease-fighting antioxidants, are low in calories, and more. In a scientific study, mice with tumors were given freeze-dried pineapple vinegar, while others weren't for a control group; the results show that the tumors of the mice who were given the pineapple vinegar had been weakened in some capacity, while the ones who weren't treated saw either no change or a growth in tumor size. The source states: “High concentration of pineapple vinegar (2 ml/kg body weight) led to the reduction of tumor weight and volume by 45% as compared to the untreated 4 T1-challenged mice” (apoptosis and metastasis). Akin to the information provided by Healthline, this study reveals that pineapples have several health benefits. On top of this, pineapple is also a vegetarian and vegan-friendly topping, so the pie can be enjoyed by anyone.



As demonstrated by the evidence above, pineapple on pizza is clearly a gift from the heavens. There will always be non-believers, but I believe, and I will ALWAYS believe in the delectable taste of my precious ananas. I close my case.