Sabrina Ryland: The Most Known Majorette on the Field

By: Paige Platter



Sabrina Ryland is known all over Oak Hills as an amazing student, a majorette, or maybe you've just seen her around as the girl carrying a dog through the hallways. Sabrina is a senior this year and the "lead" of the majorettes. She's been a majorette for all four years of high school and two years of middle school. With her mom as a coach, she trains hard inside and outside of majorette training hours.

Sabrina participates in all forms of Majorettes here at Oak Hills as well as in a separate competition group. Majorettes have several seasons; Football season, where they do more basic moves as they train the newcomers and showier moves that reach the whole audience. Basketball season, where they are more face to face with the audience and make neater moves, showcasing their own skills. Then there's the competition season. Sabrina takes part in the Oak Hills competition group as well as an outside group. During the

competition, everyone is watching and they know what you're supposed to do, which is why Sabrina called this season the most difficult. Even if it is hard, she loves it. Training two times a week for Oak Hills, two hours during competition season as well as hitting the gym whenever she can.

Majorettes aren't the only thing Sabrina takes part in, she also helps train service dogs. Her family has been raising service dogs for as long as Sabrina can remember, getting her into it when she was very young. Currently, they are working with a company called 4 Paws for Ability, helping to raise service dogs for children and veterans. Which means if you ask, she may let you pet them. Sabrina and her family keep the dogs for two months before either fostering them for a year to a year and a half or letting them go onto another family to be fostered. They eventually have to give up the dog so it may be entered into the training academy, which Sabrina called "the hardest part" of the training. However, she and her family are allowed to attend the dog's graduation and meet the family who they'll be helping.

This is Sabrina's senior year, however, she plans on continuing her majorette work after high school and is excited to get out there and show her stuff.