

# Galentine's Day?

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Every year, February 14th marks the infamous Valentine's Day, but what is Galentine's day? Valentine's Day celebrates the love of significant others, however the Merriam-Webster dictionary "a holiday observed on February 13th as a time to celebrate friendships especially among women." Similarly the tradition of Friendsgiving celebrates a holiday, with a group of friends.

How did Galentine's Day get its start? Actually, it got its start on the sitcom *Parks and Recreation*. Amy Poehler's character Leslie Knope, was the one who started it all. In the 2010 February episode her character describes the holiday, "it's only the best day of the year." Galentines is all about getting together with your closest girlfriends and celebrating friendship. Although the word gal insinuates that only girls can participate in the tradition, many accept the idea of celebrating with all friends, anyone can participate.

There are even a few public celebrations happening within the Cincinnati area. Including Galentines brunch at the Observatory on February 12th, LeiMarie Limited's Galentine's Day on the 9th, Galentine's Night: Mom's night out February 13th, and Galentine's Glam + Glow on February 23rd. All of these events allow you and your closest friends to get together to celebrate friendships and make new memories.

Although Galentine's day started out as a brunch tradition, how many celebrate doing other activities their friend group enjoys. Many now choose to do a day full of self care, including nail and hair appointments, as well as massages or facials. Whether you choose to host a small group and have a relaxing night in, or plan to have an extravagant dinner party. Galentine's day is a day to celebrate your friendships with all of your besties.