

## How to Spice up Your Garden

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During this quarantine, we're all bored and there's not much to do seeing as we're all stuck at home. This means that it's the perfect time to start a new hobby or try something new (that can be done at home, of course). On top of this being the best time to try new things, going to the store also isn't

something you should do very often. With all of these factors, right now is the perfect time to start a spring garden! A garden is a great way to keep you busy without taking up your whole day, and you can have fresh, home-grown food without risking the store. Here are some of the best herbs to plant in your garden!

- **Oregano**

Oregano is a great herb for an easy garden. Oregano is a perennial crop which means that it lasts a long time and doesn't have to be replanted each year. It also is good for seasoning and adds flavor to meals. In addition to tasting



great, oregano also has vitamin A, B6, C, E, and K. It also contains iron, potassium, calcium, and other things that are beneficial to your health.

- **Thyme**

Thyme is a good herb to grow because of its antiseptic and preservative properties. It has



characteristics that can prevent disease-causing microorganisms and can keep for a long time. Thyme can be used to preserve food and smells great too!

- **Parsley**

Parsley is good for you because of its high amounts of iron and vitamin A and C. It's also the perfect garnish. Parsley can be put in pretty much anything to add some flavor!



- **Basil**

Basil is a great herb and can be put in a lot of foods. Basil also grows pretty quickly and can produce a good amount within weeks. This being said, basil can't grow in the cold so before planting, make sure there will be no more frost or cold weather.

- **Mint**

Mint is a great herb to plant for not only you but your whole garden too! Mint can relax muscles, soothe indigestion, and help with congestion. That's not all mint's good for: it also attracts beneficial insects and repels pests like mosquitoes and mice.



These herbs along with some others are very beneficial for your health and also your sanity in a time where we're all bored and have nothing to do. You can use these herbs to help make food a little more interesting or you can just use them as something to keep you busy. This [link](#) can be used to help with planning and maintaining a garden. Try to stay sane during this quarantine and happy gardening!