

The History of Valentine's Day

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Everyone knows Valentine's day occurs every year on February the fourteenth but do you actually know the history of this lovely day? Valentine's Day's origin is religious, though people don't connect it with it. The name comes from St. Valentine, a Roman Catholic saint. St. Valentine was killed for helping Christian prisoners escape roman prisons which were often harsh, prisoners were tortured and treated poorly (Some say he sent the first valentine card himself after falling in love with a young lady rumored to be his jailor's daughter). Through his compassion and good heart, he became one of the most popular saints in France & England. However this day has come to be, and one thing is certain even if you don't have a valentine, it's a great day to spend with your family, friends, and loved ones. If you're looking for something to do with your valentine or other loved ones, here are some popular ideas, such as going to a movie, going for a picnic, going to a park, or getting lunch or dinner together. This holiday has continued since the 5th century and is celebrated in almost every country even though it is not an official national holiday. A fun fact about this beautiful day is that approximately 150 million valentines day cards are sold each year and one billion dollars worth of chocolate is bought for valentines day. Overall Valentine's day is a great day not only to spend with your loved ones but just a great day to be thankful for the family, friends, and things that you have. You should take the time to let people know how much you care and appreciate them.

