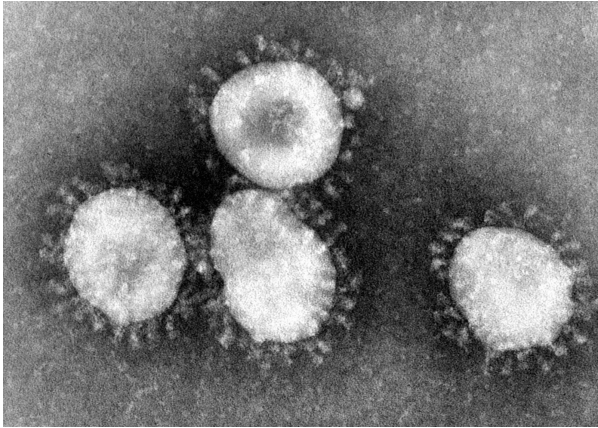


You Shouldn't Be Afraid of Corvid-19

By: Paige Platter

Corvid-19, or the Coronavirus, has been sweeping the world since December of 2019 and it's here. But fear not, as long as you're taking proper care of yourself, you won't catch it. Even if you do, there's a rare chance of death since the virus only has a death rate of 2%.



The virus has a death rate of 2%, but what about the 2,000 deaths in China? The virus originated in Wuhan China, with a population of 11 million; They only have 20 emergency rooms. China does have free healthcare, but once hospitals get overrun there's not much they can do and since there's no cure hospitals can't do much to begin with. Wuhan China has the same amount of people as the entire state of Ohio, crammed into a place the size of Rhode Island. No wonder people are getting sick and dying in such rapid numbers.

What is Corvid-19? Corvid-19 is a respiratory infection similar to pneumonia. It's caused by SARS-CoV-2 which most likely originated from bat coronavirus. Yes, there is more than one coronavirus. There are in fact 4 different categories of coronaviruses, Corvid-19 is part of the Betacoronavirus family. Coronaviruses also include the common cold. Corvid-19 is a pandemic, not an epidemic. It's widespread but there isn't a sudden increase in cases. Even the CDC said the common flu has killed more people.

What can you do to prevent yourself and others from getting sick? Frankly not much. Washing your hands is the big one, not just using hand sanitizer. Hand sanitizer can help, but washing your hands is truly the best way to rid your hands of any virus. The World Health Organization recommends covering your mouth when you cough and avoid coughing onto people. The Corvid-19 is spread through liquid droplets produced when coughing and sneezing. Avoid touching your face, if you pick up the virus from a surface it can be transferred into your body by touching your eyes, nose, and mouth. Stay home if you're feeling unwell, in this situation it's truly better to be safe than sorry.

You might want to go out and pick yourself up a mask or two, but don't. Masks won't help you unless you are going to be around someone who has the virus. The only type of mask that would help you would be an N95. The FDA reports that N95 respirators block out 95% of small particles. However they're expensive, ranging from \$40 to \$190 on Amazon and prices just keep rising. Prices are getting so high that the Surgeon General, Jerome Adams, urged people to stop buying masks so that hospitals can stock up on them. You don't need a mask unless you're taking care of someone who's sick. Just cough into your elbow and wash your hands.

Remember to wash your hands and stay home if you're feeling under the weather. It's better for everyone. Corivd-19 isn't all that scary when you have all the facts. Just breathe and remember to stay calm.